



Catholic Diocese of Cleveland  
Nutrition Services  
Nourishing Tomorrow, Today



# BREAKFAST Menu

Correspond the cycle week to the color-coordinated calendar below.

January-May 2025

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	Assorted Bagels with Cream Cheese and Jelly  or) Bowl of Cereal  Mandarin Oranges 100% Fruit Juice ½ Pt. Milk	Maple Pancake & Sausage Sandwich  or) Bowl of Cereal  Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Dutch Waffle  or) Bowl of Cereal  Applesauce Cup 100% Fruit Juice ½ Pt. Milk	Cinnamon Roll  or) Bowl of Cereal  Peaches 100% Fruit Juice ½ Pt. Milk	Breakfast Muffin  or) Bowl of Cereal  Pears 100% Fruit Juice ½ Pt. Milk
<b>2</b>	Breakfast Bun  or) Bowl of Cereal  Mandarin Oranges 100% Fruit Juice ½ Pt. Milk	Dutch Waffle  or) Bowl of Cereal  Pineapple 100% Fruit Juice ½ Pt. Milk	French Toast Sticks with Syrup  or) Bowl of Cereal  Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry)  or) Bowl of Cereal  Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Assorted Bagels with Cream Cheese and Jelly  or) Bowl of Cereal  Fruit Cup 100% Fruit Juice ½ Pt. Milk
<b>3</b>	Breakfast Muffin  or) Bowl of Cereal  Peach Cup 100% Fruit Juice ½ Pt. Milk	Breakfast Pizza (Bacon, Egg & Cheese)  or) Bowl of Cereal  Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Cinnamon Roll  or) Bowl of Cereal  Applesauce 100% Fruit Juice ½ Pt. Milk	Maple Pancake & Sausage Sandwich  or) Bowl of Cereal  Pineapple 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry)  or) Bowl of Cereal  Pears 100% Fruit Juice ½ Pt. Milk
<b>4</b>	Breakfast Bun  or) Bowl of Cereal  Pears 100% Fruit Juice ½ Pt. Milk	French Toast Sticks with Syrup  or) Bowl of Cereal  Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Dutch Waffle  or) Bowl of Cereal  Peaches 100% Fruit Juice ½ Pt. Milk	Pancakes with Syrup  or) Bowl of Cereal  Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry)  or) Bowl of Cereal  Fruit Cup 100% Fruit Juice ½ Pt. Milk

Please note that regulations require that at least one fruit side be chosen with each breakfast.

Substitutions of items may be necessary.

**This institution is an equal opportunity provider.**

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31						

■ Week 1 Meal Plan    
 ■ Week 2 Meal Plan    
 ■ Week 3 Meal Plan    
 ■ Week 4 Meal Plan